

## Cubes

Discover these delicious vegetarian Cubes: flavourful and versatile. Available in 4 g and ideal as an ingredient for the food industry and food service. How about in wok dishes, on BBQ skewers or in sauces?

**claims** • These Vegetarian Cubes contain protein from soy and wheat • Vegetarian • One vegetarian Cube weighs 4 grams • Low saturated fat • Source of protein  
*based on calculated value*

## Ingredients

Water, 15% vegetable proteins (SOY, WHEAT), vegetable oils (sunflower, rapeseed in varying proportions), free range EGG white, starch (potato, WHEAT), vinegar, spices, natural flavouring, thickener (carrageenan), preservative (potassium acetates), salt, acid (citric acid).

## Nutrition value

	100 gram	Per portion ( 100g)	RDI/GDA
Energy	684 kJ	684kJ	8
Energy	163 kcal	163kcal	8
Total fat	6.7g	6.7g	10
saturated fat	0.8g	0.8g	4
Carbohydrates	7.9g	7.9g	3
of which sugars	0.5g	0.5g	1
Fibres	1.3g	1.3g	
Proteins	17g	17g	34
Salt	1.4g	1.4g	23

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.



## Method of preparation

**Bake in oven** : 7-9 minutes at 180°C. Turn once. Preparations are based on thawed product. Ensure the product is piping hot before consumption.

**Fry in pan** : 6-8 minutes on medium heat. Stir every now and then.

**Airfryer** : 2-3 Minuten bei 200°C

## Categories

[Ingredients](#), [Plant-based Chicken](#), [Schouten's Classics](#), [Stir-Fry products](#), [Gourmet](#), [Sauce](#), [Wrap](#), [Pizza toppings](#), [Main course salad](#), [Meal component](#), [Industry](#), [Out of home](#), [Retail](#)

## Allergens

### Free from

Milk, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

### Contains

Egg, soy, gluten containing grain, wheat

## Packaging options



### Consumer packaging

Chilled



### Consumer box

Frozen



### Foodservice box

2.5/3 kg | Frozen



### Industry box

10 kg | Frozen