schouten specialist in plant-based protein

NUTRI-SCORE A B C D E

P00542

Vegan Marinated Burger



Juicy, summery burger with a flavorful marinade and subtle Indian touch. Ideal for the barbecue or in summer dishes.

claims • Contains proteins from wheat and pea • 100% vegan • One Vegan Marinated Burger weighs approximately 90 grams • Source of protein • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, vegetable oils (sunflower, rapeseed in varying proportions), onion, 9% vegetable protein (pea, WHEAT), WHEAT flour, natural flavouring (contains WHEAT), pea starch, potato flakes, garlic puree, thickeners (methyl cellulose, xanthan gum), vinegar, WHEAT fibre, dried vegetables (onion, leek, red sweet pepper, tomato), spices, pea extract, preservative (potassium acetates), salt, potassium chloride, yeast, Iron, vitamin B12.

Nutrition value

	100 gram	Per portion (90g)	RDI/GDA
Energy	904 kJ	814kJ	10
Energy	216 kcal	194kcal	10
Total fat	16g	14g	21
saturated fat	1.7g	1.5g	8
Carbohydrates	9.0g	8.1g	3
of which sugars	1.0g	0.9g	1
Fibres	3.3g	3.0g	
Proteins	8.8g	7.9g	16
Salt	0.98g	0.88g	15
iron	8.75mg	7.90mg	
vitamin B12	0.62mcg	0.60mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).
* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 12-14 min. Frozen product: 14-16 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 5-6 min, medium heat. Frozen product: 8-10 min, medium heat.

Barbecue : Grill the product on the BBQ, turn frequently. Thawned product: 8-10 min. Frozen product: 14-16 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 4-5 min. Frozen product: 6-8 min.

Categories

Burgers, Plant-based beef, Schouten's Classics, Vegan*, Soy free, On a bun, Bake-off, Meal component, BBQ - Barbecue, Retail

Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

May contain

Milk, egg, soy, rye, lupine, mustard, barley, oat, spelt, kamut

Aanwezig

Gluten containing grain, wheat

Zonder

Fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, molluscs, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

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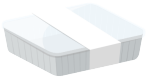
Packaging options



Consumer packaging
Chilled



Consumer box
Frozen