

## balls

These balls offer versatility in the kitchen. They have a juicy bite and are indistinguishable from the real thing. From pasta dishes to wraps, these balls take every meal to the next level.

**claims** • These Vegan Snack Balls contain protein from pea and wheat • Vegan • One vegan ball weighs about 17 grams • High protein • Source of fibre • High in iron • Source of vitamin B12

*based on calculated value*



### Ingredients

Water, 16% vegetable protein (SOY, WHEAT), vegetable oils (sunflower, rapeseed in varying proportions), starch (potato, WHEAT), free range EGG white, natural flavouring, dried onion, vinegar, WHEAT fibre, dextrose, spices, salt, SOY beans, WHEAT flake, preservative (potassium acetates), Iron, vitamin B12.

### Nutrition value

	100 gram	Per portion ( 85g)	RDI/GDA
Energy	872 kJ	741kJ	9
Energy	208 kcal	177kcal	9
Total fat	10g	8.5g	12
saturated fat	1.2g	1.0g	5
Carbohydrates	13g	11g	4
of which sugars	1.3g	1.1g	1
Fibres	3.5g	3.0g	
Proteins	15g	13g	26
Salt	1.4g	1.2g	20
iron	8.20mg	7.00mg	
vitamin B12	0.48mcg	0.40mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.

### Method of preparation

**Bake in oven** : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 10-12 min. Frozen product: 13-15 min.

**Fry in pan** : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 4-6 min, medium heat. Frozen product: 10-12 min, medium heat.

**Deep frying** : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 1-2 min. Frozen product: 4-5 min.

**Airfryer** : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 4-6 min. Frozen product: 6-8 min.

### Categories

[Balls](#), [Ingredients](#), [Plant-based Beef](#), [Schouten's Classics](#), [Snacks](#), [Gourmet](#), [Wrap](#), [Main course salad](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

### Allergens

#### Zonder

Milk, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### Aanwezig

Egg, soy, gluten containing grain, wheat

## Packaging options



**Consumer packaging**

Chilled



**Consumer box**

Frozen



**Foodservice box**

2.5/3 kg | Frozen



**Industry box**

10 kg | Frozen