

balls

These balls offer versatility in the kitchen. They have a juicy bite and are indistinguishable from the real thing. From pasta dishes to wraps, these balls take every meal to the next level.

claims • These Vegan Snack Balls contain protein from pea and wheat • Vegan • One vegan ball weighs about 17 grams • High protein • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, 16% vegetable protein (SOY, WHEAT), vegetable oils (sunflower, rapeseed in varying proportions), starch (potato, WHEAT), free range EGG white, natural flavouring, dried onion, vinegar, WHEAT fibre, dextrose, spices, salt, SOY beans, WHEAT flake, preservative (potassium acetates), Iron, vitamin B12.

Nutrition value

	100 gram	Per portion (85g)	RDI/GDA
Energy	864 kJ	734kJ	9
Energy	206 kcal	175kcal	9
Total fat	10g	8.5g	12
saturated fat	1.2g	1.0g	5
Carbohydrates	13g	11g	4
of which sugars	1.0g	0.9g	1
Fibres	3.9g	3.3g	
Proteins	14g	12g	24
Salt	1.4g	1.2g	20
iron	8.45mg	7.20mg	
vitamin B12	0.49mcg	0.40mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.



Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawed product: 10-12 min. Frozen product: 13-15 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 4-6 min, medium heat. Frozen product: 10-12 min, medium heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawed product: 1-2 min. Frozen product: 4-5 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawed product: 4-6 min. Frozen product: 6-8 min.

Categories

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Allergens

Zonder

Milk, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig

Egg, soy, gluten containing grain, wheat

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen