

## Vegan Baharat Sticks

Discover the adventurous Baharat Sticks, vegan and richly seasoned with authentic Arabic spices. Add Arabic flair to your menu with these versatile sticks. Ideal for quick meals and appetizer. Try them now - request a sample!

**claims** • These vegan Sticks contain proteins from pea and wheat • Vegan • One vegan Baharat Stick weighs approximately 26 grams • Low saturated fat • Source of protein • Source of fibre

*based on calculated value*

### Ingredients

Water, onion, 10% vegetable protein (pea, WHEAT), vegetable oils (sunflower, rapeseed in varying proportions), WHEAT flour, natural flavouring, paprika powder, spices, vinegar, potato flakes, garlic puree, pea starch, thickener (methyl cellulose), WHEAT fibre, fresh mint, pea extract, preservative (potassium acetates), salt, potassium chloride.

### Nutrition value

	100 gram
Energy	670 kJ
Energy	160 kcal
Fat	8.6g
of which saturates	1.1g
Carbohydrates	8.9g
of which sugars	1.1g
Fibres	4.2g
Proteins	9.8g
Salt	1.1g

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.



### Method of preparation

**Bake in oven** : 10-12 minutes at 180 °C. Turn every now and then.

**Fry in pan** : 6-8 minutes on a medium heat. Turn every now and then.

### Categories

[Ingredients](#), [Plant-based Beef](#), [Schouten's Classics](#), [Snacks](#), [Vegan\\*](#), [Ingredients](#), [Gourmet](#), [Wrap](#), [On a bun](#), [Main course salad](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

*\*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

### Allergens

#### Free from

Milk, egg, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

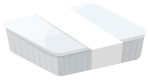
#### Contains

Gluten containing grain, wheat

#### May contain

Rye, barley, oat, spelt

## Packaging options



**Consumer packaging**

Chilled



**Consumer box**

Frozen



**Foodservice box**

2.5/3 kg | Frozen



**Industry box**

10 kg | Frozen