

Vegan Snack Balls

Fine-textured and pea and wheat-based, these Vegan Balls offer versatility in the kitchen. These innovative balls have a juicy bite. From pasta dishes to wraps, these balls take any meal to the next level.

claims • This vegan Vegan Balls contains proteins from pea and wheat • Vegan • One Vegan Ball weighs 17 grams • High protein • Source of fibre

based on calculated value

Ingredients

Water, onion, 11% vegetable protein (pea, WHEAT), vegetable oils (sunflower, rapeseed in varying proportions), WHEAT flour, natural flavouring, vinegar, potato flakes, pea starch, garlic puree, thickener (methyl cellulose), WHEAT fibre, pea extract, preservative (potassium acetates), salt, spices, potassium chloride, dried tomato, yeast.



Nutrition value

	100 gram	Per portion (85g)	RDI/GDA
Energy	639 kJ	543kJ	7
Energy	153 kcal	130kcal	7
Total fat	8.3g	7.1g	10
saturated fat	1.0g	0.9g	4
Carbohydrates	8.1g	6.9g	3
of which sugars	1.0g	0.9g	1
Fibres	3.3g	2.8g	
Proteins	9.8g	8.3g	17
Salt	1.1g	0.94g	16

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 11-13 min. Frozen product: 12-14 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 6-8 min, medium heat. Frozen product: 9-11 min, medium heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 2-3 min. Frozen product: 5-6 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 5-7 min. Frozen product: 7-8 min.

Categories

[Balls](#), [Ingredients](#), [Plant-based Beef](#), [Schouten's Classics](#), [Snacks](#), [Vegan](#)*, [Gourmet](#), [Sauce](#), [Wrap](#), [Main course salad](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

Free from

Milk, egg, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Gluten containing grain, wheat

May contain

Rye, barley, oat, spelt, kamut

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen