

## Vegan Chickenless Burger

The burger delivers a firm bite and a familiar structure. With its neutral base, it fits perfectly into modern plant-based menus. An attractive choice for anyone looking for a flavourful vegan option.

**claims** • This vegan Chickenless Burger contains protein from wheat and pea • Vegan • One vegan Burger weighs about 100 grams • High protein • High fibre • High in iron • Source of vitamin B12

*based on calculated value*

### Ingredients

Water, 15% vegetable protein (WHEAT, pea), WHEAT flour, vegetable oils (sunflower, rapeseed in varying proportions), fibres (WHEAT fibre), natural flavouring, starch (WHEAT, maize), vinegar, thickener (methyl cellulose), spices, salt, preservative (potassium acetates), lemon juice, yeast, Iron, vitamin B12.



### Nutrition value

|                 | 100 gram | Per portion ( 100g) | RDI/GDA |
|-----------------|----------|---------------------|---------|
| Energy          | 880 kJ   | 880kJ               | 11      |
| Energy          | 210 kcal | 210kcal             | 11      |
| Total fat       | 9.0g     | 9.0g                | 13      |
| saturated fat   | 1.2g     | 1.2g                | 6       |
| Carbohydrates   | 14g      | 14g                 | 5       |
| of which sugars | 0.8g     | 0.8g                | 1       |
| Fibres          | 6.2g     | 6.2g                |         |
| Proteins        | 15g      | 15g                 | 30      |
| Salt            | 1.1g     | 1.1g                | 18      |
| iron            | 8.72mg   | 8.70mg              |         |
| vitamin B12     | 0.61mcg  | 0.60mcg             |         |

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.

### Method of preparation

**Bake in oven** : Bake in a preheated oven at 200°C (hot air) until golden brown, turn once. Thawed product: 12-14 min. Frozen product: 19-21 min.

**Fry in pan** : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 6-8 min, medium heat. Frozen product: 9-11 min, medium heat.

**Deep frying** : Fry in a preheated deep fryer at 180°C until golden brown. Thawed product: 2-3 min. Frozen product: 3-5 min.

**Airfryer** : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawed product: 6-8 min. Frozen product: 10-12 min.

### Categories

[Burgers](#), [Plant-based Chicken](#), [Schouten's Classics](#), [Vegan\\*](#), [Soy free](#), [On a bun](#), [Meal component](#), [Industry](#), [Out of home](#), [Retail](#)

*\*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

### Allergens

#### Zonder

Milk, egg, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### Aanwezig

Gluten containing grain, wheat

#### May contain

Rye, barley, oat, spelt

## Packaging options



**Consumer packaging**

Chilled



**Consumer box**

Frozen



**Foodservice box**

2.5/3 kg | Frozen



**Industry box**

10 kg | Frozen