

## Vegan Chickenless Burger

Try the vegan Chickenless Burger: a juicy, crunchy surprise that tastes like the real deal! Ideal for sandwiches, wraps or salads. This sustainable topper is a must-have in any menu. Add it and surprise your guests with pure plant-based power!

**claims** • This vegan Chickenless Burger contains proteins from wheat and pea • Vegan • One vegan Burger weighs about 100 grams • High fibre • High in iron • Source of vitamin B12  
*based on calculated value*

### Ingredients

Water, 15% vegetable protein (WHEAT, pea), WHEAT flour, vegetable oils (sunflower, rapeseed in varying proportions), fibres (WHEAT fibre), natural flavouring, starch (WHEAT, maize), vinegar, thickener (methyl cellulose), spices, salt, preservative (potassium acetates), lemon juice, yeast, Iron, vitamin B12.

### Nutrition value

	100 gram	Per portion ( 100g)	RDI/GDA
Energy	880 kJ	880kJ	11
Energy	210 kcal	210kcal	11
Total fat	9.0g	9.0g	13
saturated fat	1.2g	1.2g	6
Carbohydrates	14g	14g	5
of which sugars	0.8g	0.8g	1
Fibres	6.2g	6.2g	
Proteins	15g	15g	30
Salt	1.1g	1.1g	18
iron	8.72mg	8.70mg	
vitamin B12	0.61mcg	0.60mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.



### Method of preparation

**Bake in oven** : Bake in a preheated oven at 200°C (hot air) until golden brown, turn once. Thawned product: 12-14 min. Frozen product: 19-21 min.

**Fry in pan** : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 6-8 min, medium heat. Frozen product: 9-11 min, medium heat.

**Deep frying** : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 2-3 min. Frozen product: 3-5 min.

**Airfryer** : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 6-8 min. Frozen product: 10-12 min.

### Categories

[Burgers](#), [Plant-based Chicken](#), [Schouten's Classics](#), [Vegan\\*](#), [Soy free](#), [On a bun](#), [Meal component](#), [Industry](#), [Out of home](#), [Retail](#)

*\*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

### Allergens

#### May contain

Milk, soy, rye, barley, oat, spelt

#### Free from

Egg, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### Contains

Gluten containing grain, wheat

Packaging options

				
<b>Consumer packaging</b> Chilled	<b>Consumer box</b> Frozen	<b>Foodservice box</b> 2.5/3 kg   Frozen	<b>Industry box</b> 10 kg   Frozen	