

Vegan Chickenless Filet Pieces

Discover the future of plant-based enjoyment with vegan Chickenless Filet Pieces. This versatile, flavoursome option perfectly matches the growing demand for sustainable and tasty plant-based 'chicken' options.

Ingredients

Water, 22% vegetable proteins (**wheat**, pea), vegetable oils (sunflower, rapeseed in varying proportions), thickeners (methyl cellulose, processed eucheama seaweed, konjac), **wheat** flour, natural flavouring (contains **wheat**), vinegar, spices, potato starch, antioxidant (ascorbic acid).



Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	840 kJ	840kJ	10
Energy	201 kcal	201kcal	10
Fat	10g	10g	14
of which saturates	1.2g	1.2g	6
Carbohydrates	5.8g	5.8g	2
of which sugars	1.2g	1.2g	1
Fibres	5.6g	5.6g	
Proteins	19g	19g	38
Salt	1.2g	1.2g	20

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Bake in oven : 9-11 minutes at 180°C. Turn once.

Fry in pan : 5-7 minutes on medium heat. Turn every now and then.

Airfryer : 2-4 minutes at 200°C.

Categories

[Ingredients](#), [Plant-based Chicken](#), [Schouten's Classics](#), [Stir-Fry products](#), [Vegan*](#), [Soy free](#), [Gourmet](#), [Wrap](#), [On a bun](#), [Bake-off](#), [Pizza toppings](#), [Soupe](#), [Main course salad](#), [Meal component](#), [Bound salad](#), [Industry](#), [Out of home](#), [Retail](#)

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

May contain

Milk, rye, barley, oat, spelt

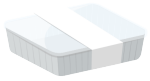
Free from

Egg, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

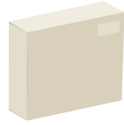
Gluten containing grain, wheat

Packaging options



Consumer packaging

Chilled



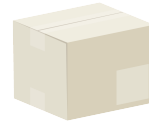
Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen