

Vegan Corn Rondo 10kg

Enjoy the delicious taste of our uncoated Rondo, with corn, peppers and chickpeas. The coarse vegetables provide a delicious texture. This Rondo is a Variation, which is why it has undergone minimal processing and actually has its own character.

claims • This vegan Corn Rondo is based on chickpeas and corn • Vegan • One vegan Rondo weighs about 65 grams • Source of fibre
based on calculated value

Ingredients

Vegetables (39% maize, red sweet pepper), water, chickpeas, vegetable oils (sunflower, rapeseed in varying proportions), WHEAT flour, pea starch, vegetable WHEAT protein, salt, fresh parsley, vinegar, thickener (methyl cellulose), preservative (potassium acetates), spices, yeast.

Nutrition value

	100 gram	Per portion (65g)	RDI/GDA
Energy	772 kJ	502kJ	6
Energy	184 kcal	120kcal	6
Total fat	9.3g	6.0g	9
saturated fat	1.1g	0.7g	4
Carbohydrates	19g	12g	5
of which sugars	2.8g	1.8g	2
Fibres	3.4g	2.2g	
Proteins	4.8g	3.1g	6
Salt	1.4g	0.91g	15

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.



Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawed product: 11-13 min. Frozen product: 17-19 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 3-5 min, medium heat. Frozen product: 5-7 min, medium heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawed product: 2-3 min. Frozen product: 4-5 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawed product: 4-6 min. Frozen product: 6-8 min.

Categories

[Burgers](#), [Schouten's Variations](#), [Vegan*](#), [Soy free](#), [On a bun](#), [Main course salad](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

Free from

Milk, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, molluscs, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

May contain

Egg, rye, lupine, mustard, barley, oat, spelt, kamut

Contains

Gluten containing grain, wheat

Packaging options



Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen