schouten specialist in plant-based protein

NUTRI-SCORE A B C D E

P00569

Vegan Fillet



Discover this Vegan Fillet with NewTexture technology. Fibrous, firm structure and a beautiful white colour. The unique 3D shape gives it a recognisable appearance. Add a wholesome vegan component to your range, ideal for hot dishes.

claims • This plant-based product has Nutri-Score A • Contains proteins from soy • Vegan • One vegan fillet weighs about 95 grams • High protein • High fibre

based on calculated value

Ingredients

Water, vegetable oils (sunflower, rapeseed in varying proportions), 8% vegetable protein (SOY, WHEAT), thickeners (processed euchema seaweed, methyl cellulose, sodium alginate), bamboo fibre, natural flavouring, vinegar, onion, preservative (potassium acetates), pea starch, salt, spices.

Nutrition value

	100 gram	Per portion (95g)	RDI/GDA
Energy	704 kJ	669kJ	8
Energy	168 kcal	160kcal	8
Total fat	13g	12g	18
saturated fat	1.4g	1.3g	7
Carbohydrates	1.9g	1.8g	1
of which sugars	0.7g	0.7g	1
Fibres	6.8g	6.5g	
Proteins	8.5g	8.1g	16
Salt	0.98g	0.93g	16

Reference intake of an average adult (8400 kJ/2000 kcal).
* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 200°C (hot air) until golden brown, turn once. Thawned product: 13-15 min. Frozen product: 17-19 min.
Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 5-7 min, medium heat. Frozen product: 8-10 min, high heat.
Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 6-8 min. Frozen product: 10-12 min.

Categories

Plant-based chicken, Schnitzels, Schouten's Classics, Vegan*, Wrap, On a bun, Meal component, BBQ - Barbecue, Industry, Out of home, Retail

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Zonder

Milk, egg, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig

Soy, gluten containing grain, wheat

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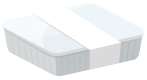
Packaging options



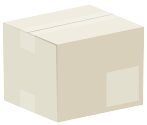
Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen