

Vegan Fresh Mince

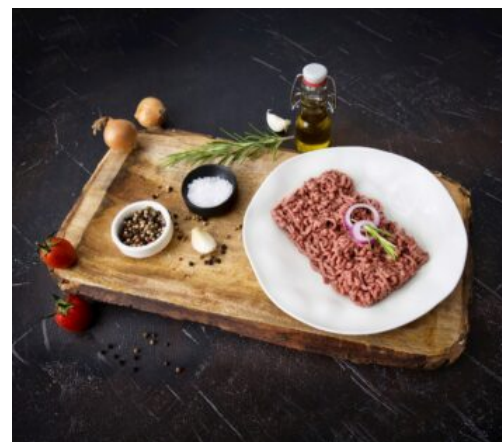
Upgrade your dishes with our Vegan Fresh Mince. Thanks to its neutral flavour and firm texture, it is ideal for dishes from cuisines around the world.

claims • This Vegan Fresh Mince contains protein from soy and wheat • Vegan • One block of Vegan Fresh Mince weighs about 180 grams • High protein • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, 21% vegetable protein (SOY, WHEAT), vegetable oils (sunflower, coconut), starch (pea, WHEAT), thickeners (methyl cellulose), vinegar, spices, salt, preservative (potassium acetates), natural flavouring, citrus fibre, BARLEY malt extract, beet root juice, antioxidant (ascorbic acid), Iron, vitamin B12.



Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	819 kJ	819kJ	10
Energy	196 kcal	196kcal	10
Total fat	11g	11g	16
saturated fat	3.6g	3.6g	18
Carbohydrates	5.4g	5.4g	2
of which sugars	0.8g	0.8g	1
Fibres	5.0g	5.0g	
Proteins	16g	16g	32
Salt	1.1g	1.1g	18
iron	9.49mg	9.50mg	
vitamin B12	0.59mcg	0.60mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 4-6 min, high heat.

Categories

[Ingredients](#), [Mince](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan*](#), [Ingredients](#), [Bake-off](#), [Pizza toppings](#), [Industry](#), [Out of home](#), [Retail](#)

*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

Zonder

Milk, egg, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig

Soy, gluten containing grain, wheat, barley

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen