

Vegan Fresh Mince

Discover our versatile Vegan Fresh Mince, with a special "Bloody flavour", to mimic real minced meat. Use in, for example, noodles, boboti or tacos. Respond to the growing demand for fresh, plant-based products and enrich your range.

claims • This Vegan Fresh Mince contains protein from soy and wheat • Vegan • One block of Vegan Fresh Mince weighs 300 grams • High protein • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

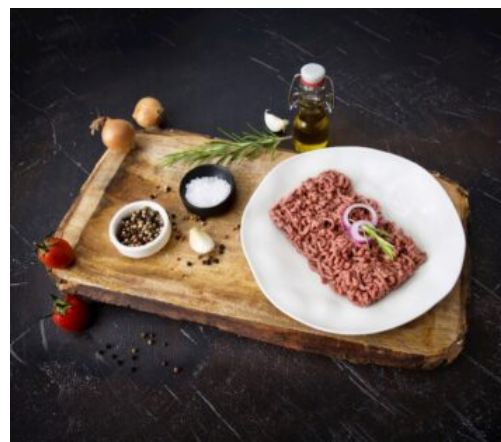
Water, 21% vegetable protein (SOY, WHEAT), vegetable oils (sunflower, coconut), starch (pea, WHEAT), thickeners (methyl cellulose), vinegar, spices, salt, preservative (potassium acetates), natural flavouring, citrus fibre, BARLEY malt extract, beet root juice, antioxidant (ascorbic acid), Iron, vitamin B12.

Nutrition value

| | 100 gram | Per portion (100g) | RDI/GDA |
|-----------------|----------|---------------------|---------|
| Energy | 819 kJ | 819kJ | 10 |
| Energy | 196 kcal | 196kcal | 10 |
| Total fat | 11g | 11g | 16 |
| saturated fat | 3.6g | 3.6g | 18 |
| Carbohydrates | 5.4g | 5.4g | 2 |
| of which sugars | 0.8g | 0.8g | 1 |
| Fibres | 5.0g | 5.0g | |
| Proteins | 16g | 16g | 32 |
| Salt | 1.1g | 1.1g | 18 |
| iron | 9.49mg | 9.50mg | |
| vitamin B12 | 0.59mcg | 0.60mcg | |

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.



Method of preparation

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 4-6 min, high heat.

Categories

[Ingredients](#), [Mince](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan*](#), [Ingredients](#), [Bake-off](#), [Pizza toppings](#), [Industry](#), [Out of home](#), [Retail](#)

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from

Milk, egg, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, gluten containing grain, wheat, barley

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen