

Vegan Italian Snack Balls

Discover the tasty Italian vegan Snack Balls, richly seasoned and a true taste explosion. Add to pasta dishes, ready-made meals or as an appetizer for example. Ready to use, just need to heat up.

claims • These vegan Meatballs contain proteins from pea and wheat • Vegan • One vegan Italian Snack Balls weighs about 18 grams • High protein • Source of fibre
based on calculated value

Ingredients

Water, 19% vegetables (onion, red sweet pepper), 10% vegetable protein (pea, WHEAT), vegetable oils (sunflower, rapeseed in varying proportions), puree (tomato paste, garlic puree), WHEAT flour, natural flavouring, vinegar, potato flakes, pea starch, thickener (methyl cellulose), WHEAT fibre, herbs, pea extract, preservative (potassium acetates), salt, fresh parsley, potassium chloride, spices, yeast.

Nutrition value

	100 gram
Energy	615 kJ
Energy	148 kcal
Total fat	7.7g
saturated fat	0.9g
Carbohydrates	8.7g
of which sugars	1.9g
Fibres	3.4g
Proteins	9.2g
Salt	1.0g

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.



Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawed product: 14-16 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 6-8 min, high heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawed product: 3-4 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawed product: 4-6 min.

Categories

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**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from

Milk, egg, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Gluten containing grain, wheat

May contain

Rye, barley, oat, spelt

Packaging options



Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen