

Vegan Legendary Burger

Unheated vegan burger based on vegetable protein, with added iron and vitamin B12.

Ingredients

water, 17% vegetable protein (pea, **wheat gluten**), vegetables (8% oyster mushroom, onion), sunflower oil, vinegar, fibers (**wheat**, citrus), thickener (methyl cellulose, processed eucheama seaweed), spices, natural flavouring (**wheat**), buffered vinegar powder (preserving ingredient), salt, **barley malt extract**, mushroom extract, **wheat starch**, beet root juice



Nutrition value

	100 gram	Per portion (113gram)
Energy	739 kJ/176 kcal	835 kJ/199 kcal
Fat	11.0 gram	12.4 gram
Of which saturates	1.5 gram	1.7 gram
Carbohydrates	3.0 gram	3.4 gram
Of which sugars	0.7 gram	0.8 gram
Proteins	1.5 gram	1.6 gram
Salt	1.0 gram	1.2 gram
Iron	7.0 milligram	7.9 milligram
Vitamin B12	0.5 mcg	0.6 mcg

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in pan : Frying pan: 8-10 minutes on medium heat. Turn halfway.

Grill : Rub with oil and grill for 14-16 minutes. Turn halfway.

Categories

[Burgers](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan*](#), [On a bun](#), [BBQ- Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

Free from

Milk, egg, soy, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Gluten containing grain, wheat, barley

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen