

## Vegan Meatless Burger

Try this vegan Burger with a delicious juicy bite. Full of flavour and therefore perfect for any occasion, from barbecue to dinner. Enrich your menu with this irresistible vegan alternative and entice your customers!

**claims** • This vegan Meatless Burger contains protein wheat and soy • Vegan • One vegan Burger weighs approximately 100 grams • Source of fibre • High in iron • Source of vitamin B12  
*based on calculated value*

### Ingredients

Water, 18% vegetable protein (SOY, WHEAT), onion, sunflower oil, natural flavouring, pea starch, fibers (WHEAT, citrus), vinegar, spices, thickener (methyl cellulose), preservative (potassium acetates), salt, WHEAT flour, BARLEY malt extract, bay leaf, Iron, vitamin B12.

### Nutrition value

	100 gram	Per portion ( 100g)	RDI/GDA
Energy	538 kJ	538kJ	6
Energy	128 kcal	128kcal	6
Total fat	4.8g	4.8g	7
saturated fat	0.6g	0.6g	3
Carbohydrates	4.7g	4.7g	2
of which sugars	0.7g	0.7g	1
Fibres	5.3g	5.3g	
Proteins	14g	14g	28
Salt	1.1g	1.1g	18
iron	7.37mg	7.40mg	
vitamin B12	0.48mcg	0.50mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.



### Method of preparation

**Bake in oven** : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 15-17 min. Frozen product: 23-25 min.

**Fry in pan** : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 6-8 min, medium heat. Frozen product: 8-10 min, medium heat.

**Deep frying** : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 2-3 min. Frozen product: 3-5 min.

**Airfryer** : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 6-8 min. Frozen product: 8-10 min.

### Categories

[Burgers](#), [Mince](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan\\*](#), [Gourmet](#), [On a bun](#), [Bake-off](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

*\*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

### Allergens

#### May contain

Milk, rye, oat, spelt, kamut

#### Free from

Egg, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### Contains

Soy, gluten containing grain, wheat, barley

Packaging options



**Consumer packaging**  
Chilled



**Consumer box**  
Frozen



**Foodservice box**  
2.5/3 kg | Frozen



**Industry box**  
10 kg | Frozen

