

Vegan Meatless Burger

This vegan hamburger delivers a firm bite and a rich flavour. The 100-gram burger is perfect for anyone looking for a familiar yet fully vegan option for a modern assortment.

claims • This vegan Meatless Burger contains protein wheat and soy • Vegan • One vegan Burger weighs about 100 grams • High protein • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, 18% vegetable protein (SOY, WHEAT), onion, sunflower oil, natural flavouring, pea starch, fibers (WHEAT, citrus), vinegar, spices, thickener (methyl cellulose), preservative (potassium acetates), salt, WHEAT flour, BARLEY malt extract, bay leaf, Iron, vitamin B12.



Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	538 kJ	538kJ	6
Energy	128 kcal	128kcal	6
Total fat	4.8g	4.8g	7
saturated fat	0.6g	0.6g	3
Carbohydrates	4.7g	4.7g	2
of which sugars	0.7g	0.7g	1
Fibres	5.3g	5.3g	
Proteins	14g	14g	28
Salt	1.1g	1.1g	18
iron	7.37mg	7.40mg	
vitamin B12	0.48mcg	0.50mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 15-17 min. Frozen product: 23-25 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 6-8 min, medium heat. Frozen product: 8-10 min, medium heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 2-3 min. Frozen product: 3-5 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 6-8 min. Frozen product: 8-10 min.

Categories

[Burgers](#), [Mince](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan](#)^{*}, [Gourmet](#), [On a bun](#), [Bake-off](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

^{*}Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

Zonder

Milk, egg, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig

Soy, gluten containing grain, wheat, barley

May contain

Rye, oat, spelt, kamut

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen