schouten specialist in plant-based protein

NUTRI-SCORE A B C D E

P00549

Vegan Mexican Burger



A spicy burger with a crunchy twist. This Vegan Mexican Burger features a light coating with tortilla pieces and is packed with beans, corn, and bell pepper. A Mexican spice blend delivers a bold, flavourful heat.

claims • This Vegan Burger contains protein from wheat • Vegan • A vegan Mexican Burger weighs about 90 grams • Source of protein • Source of fibre

based on calculated value

Ingredients

30% vegetables (maize, mushroom, red sweet pepper, onion, green chili), water, flour (WHEAT, maize), vegetable oils (sunflower, rapeseed in varying proportions), WHEAT protein, puree (tomato, garlic), black beans, potato flakes, onion powder, paprika powder, spices, WHEAT fibre, sea salt, pea starch, thickener (methyl cellulose), vinegar, salt, yeast, preservative (potassium acetates), oregano, sugar.

Nutrition value

	100 gram	Per portion (90g)	RDI/GDA
Energy	829 kJ	746kJ	9
Energy	198 kcal	178kcal	9
Total fat	7.5g	6.8g	10
saturated fat	0.9g	0.8g	4
Carbohydrates	21g	19g	7
of which sugars	2.7g	2.4g	3
Fibres	5.4g	4.9g	
Proteins	8.8g	7.9g	16
Salt	1.0g	0.90g	15

Reference intake of an average adult (8400 kJ/2000 kcal).
* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 210°C (hot air) until golden brown, turn once. Thawned product: 16-18 min. Frozen product: 20-22 min.
Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 7-9 min, medium heat. Frozen product: 11-13 min, medium heat.
Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 4-5 min. Frozen product: 6-7 min.
Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 7-9 min. Frozen product: 10-12 min.

Categories

Burgers, Schouten's Variations, Vegan*, Soy free, Gourmet, Wrap, On a bun, Meal component, Industry, Out of home, Retail

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

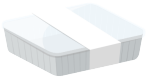
May contain
Milk, soy, rye, lupine, mustard, barley, oat, spelt

Zonder
Egg, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, molluscs, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig
Gluten containing grain, wheat

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www.schoutenfood.com · CoC 18059439 · VAT NL 8088 878 41 B01

Packaging options



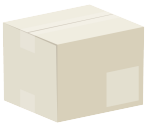
Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen