

Vegan Mince Natural

Vegan mince based on vegetable proteins, preheated.

Ingredients

water, 25% vegetable protein (soy), **barley malt extract**



Nutrition value

	100 gram	Per portion (60 g)	RDI/GDA
Energy	431 kJ/103 kcal	259 kJ/62 kcal	3.0%
Total fat	0.3 g	0.2 g	0.0%
Saturated fat	0.1 g	0.1 g	0.0%
Carbohydrates	5.4 g	3.2 g	1.0%
Of which sugars	0.3 g	0.2 g	0.0%
Vezels	4.6 g	2.8 g	
Proteins	17.0 g	10.2 g	20.0%
Salt	0.0 g	0.0 g	0.0%

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in pan : 3 minutes on moderate heat. Stir every now and then.

Categories

[Ingredients](#), [Mince](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan](#),
[Without palm oil](#), [Sauce](#), [Wrap](#), [Bake-off](#), [Pizza toppings](#), [Main course](#)
[salad](#), [Meal component](#), [Industry](#), [Out of home](#)

Allergens

Free from

Milk, egg, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, gluten containing grain, barley

Packaging options



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen