

Vegan Mince Natural

Versatile plant-based alternative to minced meat. Perfect for use in a variety of dishes and incorporation into sauces. Meet the growing demand for 100% plant-based products.

claims • This Vegan Rul Meat contains soy proteins • Vegan • Source of fibre based on calculated value

Ingredients

Water, 25% SOY protein, BARLEY malt extract.



Nutrition value

	100 gram	Per portion (60g)	RDI/GDA
Energy	431 kJ	259kJ	3
Energy	103 kcal	62kcal	3
Total fat	0.3g	0.2g	
saturated fat	0.1g	0.1g	
Carbohydrates	5.4g	3.2g	1
of which sugars	0.3g	0.2g	
Fibres	4.6g	2.8g	
Proteins	17g	10g	20
Salt	0.01g	0.01g	

Reference intake of an average adult (8400 kJ/2000 kcal).

Method of preparation

Fry in pan: Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 2-4 min, high heat. Frozen product: 3-5 min, high heat.

Categories

Ingredients, Mince, Plant-based Beef, Schouten's Classics, Vegan*, Sauce, Wrap, Bake-off, Pizza toppings, Main course salad, Meal component, Industry, Out of home

*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

Free from

Milk, egg, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, gluten containing grain, barley

Packaging options



Foodservice box 2.5/3 kg | Frozen



Industry box 10 kg | Frozen

^{*} Recommended Daily Intake.