

Vegan Mince Seasoned

Discover our vegan Mince: 100% plant-based, perfectly seasoned for versatile enjoyment. Ideal in classic dishes, now a bestseller in retail and foodservice. Sustainable and convenient, meets the growing demand for 100% vegan products.

claims • This vegan Rul contains protein from soya • Vegan • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, 30% vegetable protein (SOY, hydrolysed SOY protein), vinegar, salt, preservative (potassium acetates), BARLEY malt extract, colour (plain caramel), natural flavouring, glucose syrup, rapeseed oil, spices, iron, vitamin B12.

Nutrition value

	100 gram	Per portion (40g)	RDI/GDA
Energy	521 kJ	208kJ	3
Energy	124 kcal	50kcal	3
Total fat	0.5g	0.2g	
saturated fat	0.1g	0.0g	
Carbohydrates	6.8g	2.8g	1
of which sugars	0.7g	0.3g	
Fibres	5.4g	2.2g	
Proteins	20g	8.0g	16
Salt	1.3g	0.54g	9
iron	10.71mg	4.30mg	
vitamin B12	0.51mcg	0.20mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 2-4 min, high heat. Frozen product: 3-5 min, high heat.

Categories

[Ingredients](#), [Mince](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan*](#), [Sauce](#), [Wrap](#), [Bake-off](#), [Pizza toppings](#), [Main course salad](#), [Meal component](#), [Bound salad](#), [Industry](#), [Out of home](#), [Retail](#)

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from

Milk, egg, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, gluten containing grain, barley



Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen