

Vegan Mince Seasoned

Discover the rich flavour and firm texture of this vegan mince. This variant combines a carefully selected blend of herbs and spices with high-quality plant-based proteins. Ideal for those looking for a flavourful and versatile vegan base.

claims • This vegan mince contains protein from soya • Vegan • High protein • Source of fibre
• High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, 30% vegetable protein (SOY, hydrolysed SOY protein), vinegar, salt, preservative (potassium acetates), BARLEY malt extract, colour (plain caramel), natural flavouring, glucose syrup, rapeseed oil, spices, iron, vitamin B12.



Nutrition value

| | 100 gram | Per portion (40g) | RDI/GDA |
|-----------------|----------|--------------------|---------|
| Energy | 521 kJ | 208kJ | 3 |
| Energy | 124 kcal | 50kcal | 3 |
| Total fat | 0.5g | 0.2g | |
| saturated fat | 0.1g | 0.0g | |
| Carbohydrates | 6.8g | 2.8g | 1 |
| of which sugars | 0.7g | 0.3g | |
| Fibres | 5.4g | 2.2g | |
| Proteins | 20g | 8.0g | 16 |
| Salt | 1.3g | 0.54g | 9 |
| iron | 10.71mg | 4.30mg | |
| vitamin B12 | 0.51mcg | 0.20mcg | |

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 2-4 min, high heat. Frozen product: 3-5 min, high heat.

Categories

[Ingredients](#), [Mince](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan*](#), [Sauce](#), [Wrap](#), [Bake-off](#), [Pizza toppings](#), [Main course salad](#), [Meal component](#), [Bound salad](#), [Industry](#), [Out of home](#), [Retail](#)

*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

Allergens

Zonder

Milk, egg, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig

Soy, gluten containing grain, barley

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen