

## Vegan Plant-Based Burger

This 'quarter pounder' offers an authentic meat experience but 100% plant-based based on European pea protein. Perfect for sandwiches at lunch, dinner and barbecue. Frozen-only, so always fresh.

**claims** • This vegan Plant-Based Burger contains protein from pea • Vegan • One vegan Plant-Based Burger weighs about 113 grams • Source of fibre  
*based on calculated value*

### Ingredients

Water, 21% pea protein, vegetable oils (sunflower, coconut in varying proportions), natural flavouring, pea extract, thickener (methyl cellulose), lemon juice, salt, potassium chloride, beet root juice, acid (lactic acid).

### Nutrition value

	100 gram	Per portion ( 113g)	RDI/GDA
Energy	768 kJ	868kJ	10
Energy	183 kcal	207kcal	10
Total fat	10g	11g	16
saturated fat	4.1g	4.6g	23
Carbohydrates	2.6g	2.9g	1
of which sugars	0.7g	0.8g	1
Fibres	3.2g	3.6g	
Proteins	18g	20g	41
Salt	1.2g	1.4g	23

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.



### Method of preparation

**Bake in oven** : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 16-18 min.

**Fry in pan** : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 7-9 min, medium heat. Frozen product: 12-14 min, medium heat.

### Categories

[Burgers](#), [Plant-based Beef](#), [Schouten's Classics](#), [Vegan\\*](#), [Soy free](#), [On a bun](#), [BBQ- Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

*\*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

### Allergens

#### Free from

Milk, egg, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### May contain

Soy, gluten containing grain

Packaging options



Consumer box  
Frozen



Foodservice box  
2.5/3 kg | Frozen



Industry box  
10 kg | Frozen