



# **Vegan Shoarma Chilled**

Discover Vegan Shawarma Chilled: a delicious plant-based alternative with authentic taste and texture. Perfect for conscious consumers! And perfect for retail as MAP.

**claims** • This vegan Shoarma contains protein from soya • Vegan • Comes in 3.5 kg poly bags • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

# **Ingredients**

Water, 18% texturised SOY flour, 8% vegetable SOY protein, sunflower oil, natural flavouring (contains glutenfree WHEAT), vinegar, spices, sea salt, cumin, preservative (potassium acetates), garlic powder, Iron, vitamin B12.



## **Nutrition value**

	100 gram	Per portion ( 100g)	RDI/GDA
Energy	684 kJ	684kJ	8
Energy	163 kcal	163kcal	8
Total fat	7.4g	7.4g	11
saturated fat	1.0g	1.0g	5
Carbohydrates	5.7g	5.7g	2
of which sugars	1.9g	1.9g	2
Fibres	5.4g	5.4g	
Proteins	16g	16g	32
Salt	1.1g	1.1g	18
iron	6.46mg	6.50mg	
vitamin B12	0.46mcg	0.50mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

# Method of preparation

**Fry in pan**: Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 3-5 min, high heat. Frozen product: 4-6 min, high heat.

## **Categories**

Ingredients, Plant-based Beef, Schouten's Classics, Stir-Fry products, Vegan\*, Ingredients, Wrap, On a bun, Pizza toppings, Main course salad, Retail

\*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

### **Allergens**

#### Free from

Milk, egg, gluten containing grain, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### **Contains**

Soy, wheat

# **Packaging options**



#### Consumer packaging

<sup>\*</sup> Recommended Daily Intake.