

Vegan Shawarma

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Ingredients

water, 17,6% texturised **soya**, 7,5% **soya** protein concentrate, sunflower oil, spices, cumin, garlic powder, natural flavouring (**wheat**), vinegar, sea salt, preservative (potassium acetate), ferrous fumarate, vitamin B12.



Nutrition value

	100 gram	Per portion (100 gram)	RDI/GDA
Energy	651 kJ/156 kcal	651 kJ/156 kcal	8.0%
Total fat	6.9 gram	6.9 gram	10.0%
Saturated fat	0.9 gram	0.9 gram	5.0%
Carbohydrates	5.2 gram	5.2 gram	2.0%
Of which sugars	1.9 gram	1.9 gram	2.0%
Vezels	5.1 gram	5.1 gram	
Proteins	15.8 gram	15.8 gram	32.0%
Salt	1.0 gram	1.0 gram	17.0%
Iron	6.5 milligram	6.5 milligram	
Vitamin B12	0.5 microgram	0.5 microgram	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in pan: Frying pan: 8-10 minutes on a medium heat. Turn every now and then.

Categories

[Ingredients](#), [Schouten's Classics](#), [Vegan](#), [Without palm oil](#), [Ingredients](#), [Pizza toppings](#), [Industry](#), [Out of home](#), [Retail](#)

Allergens

Free from

Milk, egg, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, gluten containing grain, wheat

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen