

Vegan Shoarma

The perfect meat substitute with authentic taste and texture. Deliciously flavored with spices such as cumin, cinnamon and turmeric and soy-based. Add this trendy, plant-based twist to your menu and satisfy the demand for vegan options.

claims • This vegan shawarma contains protein from soy • Vegan • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, 17,6% texturised **soya**, 7,5% **soya** protein concentrate, sunflower oil, spices, cumin, garlic powder, natural flavouring (contains glutenfree **wheat**), vinegar, sea salt, preservative (potassium acetate), ferrous fumarate, vitamin B12.

Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	651 kJ	651kJ	8
Energy	155 kcal	155kcal	8
Total fat	6.9g	6.9g	10
saturated fat	0.9g	0.9g	5
Carbohydrates	5.2g	5.2g	2
of which sugars	1.6g	1.6g	2
Fibres	5.1g	5.1g	
Proteins	16g	16g	32
Salt	1.1g	1.1g	18
iron	6.53mg	6.50mg	
vitamin B12	0.47mcg	0.50mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.



Method of preparation

Fry in pan : Frying pan: 8-10 minutes on a medium heat. Turn every now and then.

Categories

[Ingredients](#), [Schouten's Classics](#), [Vegan*](#), [Ingredients](#), [Pizza toppings](#), [Industry](#), [Out of home](#), [Retail](#)

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from

Milk, egg, gluten containing grain, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, wheat

Packaging options



Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen