

## Vegan Southern Fried Chickenless Pops

These Pops have a delicious 'chicken' texture and are breaded with a tasty Southern Fried coating. You can enjoy eating these Pops from a bucket while relaxing on the couch or at a party. A pop weighs between 8 and 10 grams.

### Ingredients

Water, **wheat** flour, 13% vegetable protein (**wheat**, **soy**, pea), vegetable oils (sunflower, coconut), starch (**wheat**, potato), natural flavouring, thickeners (methyl cellulose), **wheat** fibre, spices, vinegar, modified **wheat** starch, salt, preservative (potassium acetates), lemon juice, raising agents (E450, sodium carbonates), herbs, colour (paprika extract).



### Nutrition value

	100 gram	Per portion ( 45g)	RDI/GDA
Energy	1020 kJ	459kJ	6
Energy	244 kcal	110kcal	6
Fat	13g	5.9g	8
of which saturates	3.0g	1.4g	7
Carbohydrates	17g	7.7g	3
of which sugars	0.5g	0.2g	
Fibres	3.9g	1.8g	
Proteins	13g	5.9g	12
Salt	1.0g	0.45g	8

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.

### Method of preparation

**Bake in oven** : 6-7 minutes at 230 °C.

**Fry in pan** : 4-5 minutes on a medium heat.

**Airfryer** : 3-4 minutes at 200°C.

### Categories

[Plant-based Chicken](#), [Schouten's Classics](#), [Snacks](#), [Vegan\\*](#), [Wrap](#), [On a bun](#)

\*Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.

### Allergens

#### Free from

Milk, egg, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### Contains

Soy, gluten containing grain, wheat

### Packaging options



#### Consumer packaging

Chilled



#### Consumer box

Frozen



#### Foodservice box

2.5/3 kg | Frozen



#### Industry box

10 kg | Frozen