

Vegan Tempeh Block

Discover Vegan Tempeh: Protein-rich, tasty and sustainable. Taste the versatility of this 100% plant-based product block, ideal for retail and foodservice. Enrich your range and request samples today!

Ingredients

99% cooked **soy** bean, rice flour, inoculum culture.



Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	871 kJ	871kJ	10
Energy	208 kcal	208kcal	10
Fat	12g	12g	17
of which saturates	2.4g	2.4g	12
Carbohydrates	2.7g	2.7g	1
of which sugars	0.5g	0.5g	1
Fibres	6.8g	6.8g	
Proteins	19g	19g	38
Salt	0.01g	0.01g	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Packaging options



Consumer packaging

Chilled
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www.schoutenfood.com · CoC 18059439 · VAT NL 8088 878 41 B01

Method of preparation

Unknown : Cut into slices, strips or cubes and marinate. Then cook in a (grill) pan or in the oven. It's also possible to bake or fry the tempeh first until it's crunchy and then add herbs/spices to taste later.

Categories

[Ingredients](#), [Schouten's Variations](#), [Tempeh & Tofu](#), [Vegan*](#), [Sauce](#), [Wrap](#), [Soupe](#), [Main course salad](#), [Meal component](#), [Out of home](#), [Retail](#)

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from

Milk, egg, gluten containing grain, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy