schouten specialist in plant-based protein

NUTRI-SCORE A B C D E

Vegan Tempeh Cubes Naturel

Century-old protein revolution! Tempeh is a versatile vegetable source based on fermented soybeans. These popular cubes fit the trend of unprocessed meat substitutes, convenience and the growing demand for fermented foods.

claims • These vegan Tempeh cubes contain soy proteins • Vegan • Source of protein • High fibre

based on calculated value



Ingredients

77% cooked SOY beans, sunflower oil, Inoculum culture.

Nutrition value

	100 gram	Per portion (45g)	RDI/GDA
Energy	1530 kJ	689kJ	8
Energy	365 kcal	164kcal	8
Fat	30g	14g	19
of which saturates	4.2g	1.9g	9
Carbohydrates	2.6g	1.2g	
of which sugars	0.2g	0.1g	
Fibres	7.5g	3.4g	
Proteins	19g	8.6g	17
Salt	0.01g	0.00g	

Reference intake of an average adult (8400 kJ/2000 kcal).
* Recommended Daily Intake.

Method of preparation

Bake in oven : 12-14 minutes at 180°C. Turn once.
Fry in grill pan : 8-10 minutes on moderate heat. Stir every now and then.

Categories

Ingredients, Schouten's Variations, Tempeh & tofu, Vegan*, Wrap, Main course salad, Industry, Out of home, Retail

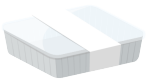
**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from
Milk, egg, gluten containing grain, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains
Soy

Packaging options



Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen

Schouten Europe B.V. Burgstraat 12 · 4283 GG Giessen · Netherlands · +31 (0)183 44 63 90 · info@schoutenfood.com
www.schoutenfood.com · CoC 18059439 · VAT NL 8088 878 41 B01