

Vegan Tempeh Blok

Discover Vegan Tempeh: Protein-rich, tasty and sustainable. Taste the versatility of this 100% plant-based product block, ideal for retail and foodservice. Enrich your range and request samples today!

Ingredients

60.4% cooked **soybean**, water, rice flour, inoculum culture



Nutrition value

	100 gram	Per portion (100g)
Energy	843 kJ	843kJ
Energy	201 kcal	201kcal
Fat	11g	11g
of which saturates	2.9g	2.9g
Carbohydrates	2.0g	2.0g
of which sugars	0.5g	0.5g
Proteins	21g	21g
Salt	0.01g	0.01g

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in grill pan : Cut into slices, strips or cubes and marinate. Then cook in a (grill) pan or in the oven. It's also possible to bake or fry the tempeh first until it's crunchy and then add herbs/spices to taste later.

Categories

[Ingredients](#), [Schouten's Variations](#), [Tempeh & Tofu](#), [Vegan*](#), [Sauce](#), [Wrap](#), [Soupe](#), [Main course salad](#), [Meal component](#), [Out of home](#), [Retail](#)

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from

Milk, egg, gluten containing grain, wheat, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy

Packaging options



Consumer packaging

Chilled

Schouten Europe B.V. Burgstraat 12 · 4283 GG Giessen · Netherlands · +31 (0)183 44 63 90 · info@schoutenfood.com
www.schoutenfood.com · CoC 18059439 · VAT NL 8088 878 41 B01



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen