

Vegan Tofu Bloc Marinated BBQ

Tofu with spicy BBQ marinade, suitable for hot applications. Easy to slice or dice for use in stir-fries or wraps. Matches the demand for clean-label, recognisable meat alternatives without imitation.

claims • High protein

based on calculated value

Ingredients

52% SOY beans, water, sugar, tomato paste, apple cider vinegar, salt, fermented WHEAT (gluten-free), spices, rapeseed oil, vinegar, MUSTARD, maize starch, caramelized sugar, natural flavouring, tomato juice from concentrate, apple juice from concentrate.

Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	585 kJ	585kJ	7
Energy	140 kcal	140kcal	7
Total fat	8.1g	8.1g	12
saturated fat	1.6g	1.6g	8
Carbohydrates	2.0g	2.0g	1
of which sugars	1.4g	1.4g	2
Fibres	1.6g	1.6g	
Proteins	14g	14g	28
Salt	1.0g	1.0g	17

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.



Method of preparation

Fry in pan : Cut the tofu into cubes, heat oil in a pan and fry 3-5 minutes on low heat until golden brown, turn frequently.

Categories

[Schouten's Variations](#), [Tempeh & Tofu](#), [Vegan*](#), [Wrap](#), [Meal component](#), [Retail](#)

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

Free from

Milk, egg, gluten containing grain, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, wheat, mustard

Packaging options



Consumer packaging

Chilled