schouten specialist in plant-based protein

NUTRI-SCORE A B C D E

P00441

Vegan Vegetable Bites



Crispy vegan nuggets with a playful shape. Made from a mix of vegetables such as corn, carrot, peas, onion, and bell pepper. The recognisable ingredients and colourful appearance make every meal more appealing.

claims • This vegan Vegetable Bite consists of 46% vegetables • Vegan • One vegan Vegetable Bite weighs about 19 grams • Source of protein • Source of fibre

based on calculated value

Ingredients

46% vegetables (maize, carrot, green peas, onion, red sweet pepper), WHEAT flour, water, sunflower oil, OAT flakes, puree (tomato paste, garlic), vegetable protein (WHEAT, pea), pea starch, WHEAT fibre, spices, thickener (methyl cellulose), vinegar, basil, salt, preservative (potassium acetates), natural flavouring, sea salt, yeast.

Nutrition value

	100 gram	Per portion (88g)	RDI/GDA
Energy	873 kJ	768kJ	9
Energy	209 kcal	184kcal	9
Total fat	8.5g	7.5g	11
saturated fat	1.0g	0.9g	4
Carbohydrates	24g	21g	8
of which sugars	3.6g	3.2g	4
Fibres	4.5g	4.0g	
Proteins	6.3g	5.5g	11
Salt	0.64g	0.56g	9

Reference intake of an average adult (8400 kJ/2000 kcal).
* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 8-10 min. Frozen product: 10-12 min.
Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 3-5 min, medium heat. Frozen product: 4-6 min, medium heat.
Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 1-2 min. Frozen product: 2-3 min.
Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 2-3 min. Frozen product: 3-5 min.

Categories

Schouten's Variations, Snacks & appetizers, Vegan*, Gourmet, Wrap, On a bun, Meal component, Industry, Out of home, Retail

**Schouten's products and associated procedures meet the requirements of the V-Label, Vegan Action and the Vegan Society, the best-known official labels for vegan products.*

Allergens

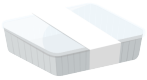
Zonder
Milk, egg, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig
Gluten containing grain, wheat, oat

May contain
Rye, barley, spelt, kamut

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www.schoutenfood.com · CoC 18059439 · VAT NL 8088 878 41 B01

Packaging options



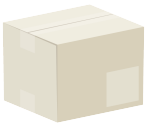
Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen