

Vegan Vegetable burger

In a world where plant-based options are becoming increasingly important, consumers are embracing the vegan Vegetable Burger. A delectable combination of corn, carrot, onion, garden pea, leek, red pepper and green pepper, with a sweet touch.

claims • This vegan Vegetable Burger contains protein from soy and wheat • Vegan • One Vegetable Burger weighs 80 grams • Low saturated fat • Source of protein • Source of fibre
based on calculated value

Ingredients

40% vegetables (maize, carrot, onion, green peas, leek, red sweet pepper, green sweet pepper), water, grains (rice, **oat** flakes, **wheat** flake), 8% vegetable protein (**soy**, **wheat**), vegetable oils (sunflower, rapeseed in varying proportions), starch (potato, **wheat**), garlic puree, thickener (methyl cellulose), vinegar, natural flavouring, salt, preservative (potassium acetates), fresh herbs (parsley, dill), **soy** bean, spices.



Nutrition value

	100 gram	Per portion (80g)	RDI/GDA
Energy	713 kJ	570kJ	7
Energy	170 kcal	136kcal	7
Fat	8.7g	7.0g	10
of which saturates	1.0g	0.8g	4
Carbohydrates	13g	10g	4
of which sugars	2.0g	1.6g	2
Fibres	3.7g	3.0g	
Proteins	8.0g	6.4g	13
Salt	1.1g	0.88g	15

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Bake in oven : Oven: 13-15 minutes at 180°C. Turn once.

Fry in pan : Frying pan: 6-8 minutes on medium heat. Turn every now and then.

Categories

[Burgers](#), [Schouten's Variations](#), [On a bun](#), [Meal component](#), [BBQ- Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

Allergens

Free from

Milk, egg, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Soy, gluten containing grain, wheat, oat

May contain

Rye, barley

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen