

Balls

These 2.5-gram vegetarian balls are compact flavour boosters that fit effortlessly into a wide range of recipes. They offer a recognisable plant-based option and add a savoury bite to both cold and hot dishes.

claims • These vegetarian balls contain protein from soy, wheat and pea. • Vegetarian • One vegetarian ball weighs about 2.5 grams • High protein

based on calculated value

Ingredients

Water, 17% vegetable protein (SOY, WHEAT, pea), vegetable oils (sunflower, rapeseed in varying proportions), onion, free range EGG white, potato flakes, tomato paste, natural flavouring, fresh parsley, thickener (moditief corn starch), dried onion, salt, dextrose, WHEAT starch, spices, colour (plain caramel), acid (citric acid), nutmeg extract.

Nutrition value

	100 gram	Per portion (100g)
Energy	1116 kJ	kJ
Energy	266 kcal	kcal
Total fat	17g	0.0g
saturated fat	2.0g	0.0g
Carbohydrates	9.7g	0.0g
of which sugars	1.5g	0.0g
Fibres	3.0g	0.0g
Proteins	16g	0.0g
Salt	2.1g	0.00g

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.



Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawed product: 8-10 min. Frozen product: 9-11 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 2-4 min, high heat. Frozen product: 4-6 min, medium heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawed product: 0-1 min. Frozen product: 1-3 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawed product: 2-4 min. Frozen product: 3-5 min.

Categories

[Balls](#), [Ingredients](#), [Plant-based Beef](#), [Schouten's Classics](#), [Snacks](#), [Gourmet](#), [Sauce](#), [Wrap](#), [Main course salad](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

Allergens

Zonder

Milk, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig

Egg, soy, gluten containing grain, wheat

Packaging options



Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen

