

## Chickenless Chunks

Preheated vegetarian chunks based on vegetable protein, quick-frozen.

### Ingredients

water, 19% vegetable protein (**soy, soy protein isolate, wheat gluten**), sunflower oil, **free range egg white**, vinegar, **wheat starch**, spices, yeast extract, salt, natural flavouring, acid (citric acid), mineral (ferrous fumarate), vitamin B12

Produced in a facility that processes peanuts and nuts.



### Nutrition value

	100 gram	Per portion (100 gram)	RDI/GDA
Energy	638 kJ/152 kcal	638 kJ/152 kcal	8.0%
Proteins	19.7 gram	19.7 gram	39.0%
Carbohydrates	3.6 gram	3.6 gram	1.0%
Of which sugars	0.7 gram	0.7 gram	1.0%
Total fat	6.2 gram	6.2 gram	9.0%
Saturated fat	0.7 gram	0.7 gram	4.0%
Monounsaturated fat	1.8 gram	1.8 gram	
Polyunsaturated fat	3.6 gram	3.6 gram	
Fibres	1.5 gram	1.5 gram	
Iron	9.0 milligram	9.0 milligram	
Vitamin B12	0.5 mcg	0.5 mcg	
Salt	1.0 gram	1.0 gram	17.0%

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.

### Method of preparation

**Fry in pan:** 6-8 minutes on medium heat. Stir every now and then.

### Categories

[Plant-based Chicken](#), [Schouten's Classics](#), [Stir-Fry products](#), [Ingredients](#), [Gourmet](#), [Sauce](#), [Wrap](#), [Pizza toppings](#), [Main course salad](#), [Meal component](#), [Retail](#), [Out of home](#), [Industry](#)

### Allergens

#### Bevat niet

Milk, rye, fish, crustacean and shellfish, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, hazelnuts, walnuts

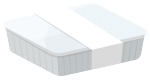
#### Contains

Egg, soy, gluten containing grain, wheat

#### Kan bevatten

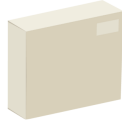
Tree nuts, peanuts, almond, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

## Packaging options



### Consumer packaging

Chilled



### Consumer box

Frozen



### Foodservice box

2.5/3 kg | Frozen



### Industry box

10 kg | Frozen