

## Frankfurter

Preheated and smoked vegetarian sausage based on vegetable proteins, with added iron and vitamin B12.

### Ingredients

water, 14% vegetable proteins (**soy, wheat gluten**), rapeseed oil, onion, **free range egg white**, vinegar, natural flavouring, rice bran, yeast extract, dextrose, salt, **wheat flour**, smoked water, extracts (onion, garlic, spice), sugar, mineral (ferrous fumarate), vitamin B12, colour (E172).

Produced in a facility that processes peanuts and nuts.



### Nutrition value

	100 gram	Per portion (40 gram)	RDI/GDA
Energy	862 kJ/206 kcal	345 kJ/82 kcal	4.0%
Proteins	15.7 gram	6.3 gram	13.0%
Carbohydrates	1.9 gram	0.8 gram	0.0%
Of which sugars	1.2 gram	0.5 gram	1.0%
Total fat	15.0 gram	6.0 gram	9.0%
Saturated fat	2.4 gram	1.0 gram	5.0%
Monounsaturated fat	9.4 gram	3.8 gram	
Polyunsaturated fat	3.1 gram	1.2 gram	
Fibres	1.0 gram	0.4 gram	
Iron	7.0 milligram	2.8 milligram	
Vitamin B12	0.5 mcg	0.2 mcg	
Salt	1.7 gram	0.7 gram	12.0%

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.

### Method of preparation

**Fry in pan:** heat for 5 minutes in hot water (with vegetable stock/salt if desired), do not boil.

### Categories

[Schouten's Classics](#), [Sausages](#), [Without palm oil](#), [On a bun](#), [Bake-off](#), [Meal component](#), [Retail](#), [Out of home](#), [Industry](#)

### Allergens

#### Bevat niet

Milk, rye, fish, crustacean and shellfish, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, hazelnuts, walnuts

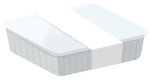
#### Contains

Egg, soy, gluten containing grain, wheat

#### Kan bevatten

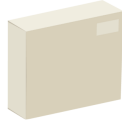
Tree nuts, peanuts, almond, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

## Packaging options



### Consumer packaging

Chilled



### Consumer box

Frozen



### Foodservice box

2.5/3 kg | Frozen



### Industry box

10 kg | Frozen