

## Hamburger Mildly Spicy

As a popular meat substitute, this burger meets consumers' expectations, and is ideal for flexitarians. This burger is in line with important developments in the food industry and is a valuable addition to ranges.

### Ingredients

Water, 19% vegetable protein (**soy**, **wheat**, pea), vegetable oils (sunflower, rapeseed in varying proportions), onion, free range **egg** white, potato flakes, tomato paste, natural flavouring, modified corn starch, dried onion, vinegar, preservative (potassium acetates), spices, dextrose, **wheat** starch, salt, colour (plain caramel), acid (citric acid), iron, vitamin B12.



### Nutrition value

	100 gram	Per portion ( 100g)	RDI/GDA
Energy	877 kJ	877kJ	10
Energy	209 kcal	209kcal	10
Fat	10g	10g	14
of which saturates	1.2g	1.2g	6
Carbohydrates	10g	10g	4
of which sugars	1.6g	1.6g	2
Fibres	3.3g	3.3g	
Proteins	18g	18g	36
Salt	1.1g	1.1g	18
iron	8.58mg	8.60mg	
vitamin B12	0.49mcg	0.50mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.

### Method of preparation

**Bake in oven** : 10-12 minutes at 180°C. Turn once.

**Fry in pan** : 7-9 minutes on medium heat. Turn every now and then.

**Barbecue** : Rub with (olive) oil. Grill on both sides for 4-5 minutes.

**Grill** : Rub with (olive) oil. Grill on both sides for 4-5 minutes.

### Categories

[Burgers](#), [Plant-based Beef](#), [Schouten's Classics](#), [On a bun](#), [Meal component](#), [BBQ - Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

### Allergens

#### Free from

Milk, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

#### Contains

Egg, soy, gluten containing grain, wheat

### Packaging options



#### Consumer packaging

Chilled



#### Consumer box

Frozen



#### Foodservice box

2.5/3 kg | Frozen



#### Industry box

10 kg | Frozen