

Hamburger Mildly Spicy

Discover this classic within the assortment. This burger delivers a full, savoury flavour and a firm bite, ideal for burger lovers who consciously choose a vegetarian option.

claims • This vegetarian Hamburger Mildly Spiced contains protein from soy, wheat and pea • Vegetarian • One vegetarian Hamburger Mild Spicy weighs about 80 grams • High protein • Source of fibre • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Water, 19% vegetable protein (SOY, WHEAT, pea), vegetable oils (sunflower, rapeseed in varying proportions), onion, free range EGG white, potato flakes, tomato paste, natural flavouring, thickener (moditief corn starch), dried onion, vinegar, preservative (potassium acetates), spices, dextrose, WHEAT starch, salt, colour (plain caramel), acid (citric acid), Iron, vitamin B12.



Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	878 kJ	878kJ	11
Energy	210 kcal	210kcal	11
Total fat	10g	10g	14
saturated fat	1.2g	1.2g	6
Carbohydrates	11g	11g	4
of which sugars	1.7g	1.7g	2
Fibres	3.3g	3.3g	
Proteins	18g	18g	36
Salt	1.1g	1.1g	18
iron	8.73mg	8.70mg	
vitamin B12	0.49mcg	0.50mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawed product: 14-16 min. Frozen product: 22-24 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawed product: 4-6 min, medium heat. Frozen product: 7-9 min, medium heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawed product: 1-2 min. Frozen product: 3-4 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawed product: 3-5 min. Frozen product: 6-8 min.

Categories

[Burgers](#), [Plant-based Beef](#), [Schouten's Classics](#), [On a bun](#), [Meal component](#), [BBQ- Barbecue](#), [Industry](#), [Out of home](#), [Retail](#)

Allergens

Zonder

Milk, rye, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Aanwezig

Egg, soy, gluten containing grain, wheat

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen