

## Piri Piri Hamburger

Preheated vegetarian burger based on vegetable proteins, with added iron and vitamin B12 and 11% piri piri marinade.

### Ingredients

water, 17% vegetable protein (**soy, wheat gluten**), palm fat, sugar, puree (tomato, garlic), starch (potato, **wheat**), **free range egg white**, natural flavouring, vinegar, sunflower oil, salt, spices, dried vegetables (bell pepper, onion, garlic), modified starch, extracts (paprika, **barley malt**), colour (plain caramel), mineral (ferrous fumarate), vitamin B12

Produced in a facility that processes peanuts and nuts.



### Nutrition value

	100 gram	Per portion (90 gram)	RDI/GDA
Energy	831 kJ/198 kcal	748 kJ/178 kcal	9.0%
Proteins	22.3 gram	20.1 gram	40.0%
Carbohydrates	8.4 gram	7.6 gram	3.0%
Of which sugars	5.6 gram	5.0 gram	6.0%
Total fat	7.6 gram	6.8 gram	10.0%
Saturated fat	2.1 gram	1.9 gram	9.0%
Monounsaturated fat	3.1 gram	2.8 gram	
Polyunsaturated fat	2.4 gram	2.2 gram	
Fibres	3.5 gram	3.2 gram	
Iron	6.4 milligram	5.8 milligram	
Vitamin B12	0.4 mcg	0.4 mcg	
Salt	1.7 gram	1.5 gram	25.0%

Reference intake of an average adult (8400 kJ/2000 kcal).

\* Recommended Daily Intake.

### Method of preparation

**Bake in oven:** 12-14 minutes at 180°C. Turn once.

**Fry in pan:** 7-9 minutes on medium heat. Turn every now and then.

**Barbecue:** Grill on both sides for 5 minutes.

**Grill:** Grill on both sides for 5 minutes.

### Categories

[Schouten's Classics](#), [Burgers](#), [Plant-based Beef](#), [On a bun](#), [Meal component](#), [BBQ - Barbecue](#), [Retail](#)

### Allergens

#### Bevat niet

Milk, rye, fish, crustacean and shellfish, sulphite, celery, sesame, lupine, mustard, molluscs, oat, spelt, kamut, hazelnuts, walnuts

#### Contains

Egg, soy, gluten containing grain, wheat, barley

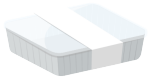
#### Kan bevatten

Tree nuts, peanuts, almond, cashewnut, pecan, Brazil nut, pistachio

#### Niet opgegeven

Macadamia nut

## Packaging options



### Consumer packaging

Chilled