

Stir-Fry Strips

Upgrade your meals with these vegetarian Stir-Fry Strips: the perfect meat substitute, tasty and nutritious. Expand your range and respond to the demand for plant-based ingredients.

Ingredients

Water, 13% vegetable protein (**soy**, **wheat**), vegetable oils (sunflower, rapeseed in varying proportions), starch (potato, **wheat**), free range **egg** white, natural flavouring (**egg**), vinegar, spices, preservative (potassium acetates), thickener (processed eucheema seaweed), acid (citric acid), iron, vitamin B12.



Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	779 kJ	779kJ	9
Energy	186 kcal	186kcal	9
Fat	9.4g	9.4g	13
of which saturates	1.1g	1.1g	6
Carbohydrates	9.6g	9.6g	4
of which sugars	0.5g	0.5g	1
Fibres	1.1g	1.1g	
Proteins	15g	15g	30
Salt	1.1g	1.1g	18
iron	8.36mg	8.40mg	
vitamin B12	0.48mcg	0.50mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).

* Recommended Daily Intake.

Method of preparation

Fry in pan : Frying pan: 5-7 minutes on medium heat. Stir every now and then.

Categories

[Plant-based Chicken](#), [Schouten's Classics](#), [Stir-Fry products](#), [Gourmet, Sauce, Wrap, Bake-off, Pizza toppings, Main course salad, Meal component, Bound salad](#)

Allergens

Free from

Milk, rye, fish, crustacean and shellfish, tree nuts, peanuts, celery, sesame, lupine, mustard, molluscs, barley, oat, spelt, kamut, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

Contains

Egg, soy, gluten containing grain, wheat, sulphite

Packaging options



Consumer packaging

Chilled



Consumer box

Frozen



Foodservice box

2.5/3 kg | Frozen



Industry box

10 kg | Frozen