schouten specialist in plant-based protein

NUTRI-SCORE A B C D E

P00519

Variations Spinach Cheese Rondo



A flavourful vegetarian meat alternative: this round snack combines the fresh taste of spinach with creamy mozzarella, wrapped in a crispy coating. Perfect for anyone looking for a tasty, nutritious addition to a hot meal.

claims • This Vegetarian Spinach Cheese Rondo contains protein from wheat and pea • Vegetarian • One vegan Burger weighs about 90 grams • High protein • High in iron • Source of vitamin B12

based on calculated value

Ingredients

Vegetables (34% spinach, onion), WHEAT flour, MILK, water, vegetable oils (sunflower, rapeseed in varying proportions), vegetable WHEAT protein, OAT flakes, spices, vinegar, starch (WHEAT, pea, maize), basil, salt, garlic puree, preservative (potassium acetates), thickener (methyl cellulose), yeast, Iron, microbial rennet, starter culture, vitamin B12.

Nutrition value

	100 gram	Per portion (100g)	RDI/GDA
Energy	920 kJ	920kJ	11
Energy	220 kcal	220kcal	11
Total fat	11g	11g	16
saturated fat	3.0g	3.0g	15
Carbohydrates	17g	17g	7
of which sugars	1.3g	1.3g	1
Fibres	2.3g	2.3g	
Proteins	12g	12g	24
Salt	1.0g	1.0g	17
iron	9.20mg	9.20mg	
vitamin B12	0.63mcg	0.60mcg	

Reference intake of an average adult (8400 kJ/2000 kcal).
* Recommended Daily Intake.

Method of preparation

Bake in oven : Bake in a preheated oven at 180°C (hot air) until golden brown, turn once. Thawned product: 18-20 min. Frozen product: 26-28 min.

Fry in pan : Heat oil in a pan and fry until golden brown, turn frequently. Thawned product: 5-7 min, medium heat. Frozen product: 8-10 min, medium heat.

Deep frying : Fry in a preheated deep fryer at 180°C until golden brown. Thawned product: 3-4 min.

Airfryer : Bake in a preheated airfryer at 200°C until golden brown, turn once. Thawned product: 6-8 min. Frozen product: 10-12 min.

Categories

Burgers, Schouten's Variations, Soy free, Gourmet, On a bun, Meal component, Industry, Out of home, Retail

Allergens

Aanwezig

Milk, gluten containing grain, wheat, oat

Zonder

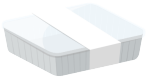
Egg, soy, fish, crustacean and shellfish, tree nuts, peanuts, sulphite, celery, sesame, lupine, mustard, molluscs, almond, hazelnuts, walnuts, cashewnut, pecan, Brazil nut, pistachio, macadamia nut

May contain

Rye, barley, spelt, kamut

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www.schoutenfood.com · CoC 18059439 · VAT NL 8088 878 41 B01

Packaging options



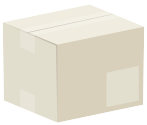
Consumer packaging
Chilled



Consumer box
Frozen



Foodservice box
2.5/3 kg | Frozen



Industry box
10 kg | Frozen